

Hannah, Welcome to Your Tape

13 Reasons Why, Netflix's new series based off the YA novel of the same title, has garnered serious attention since it was released this March. Everyone seems to have a list of thirteen reasons why they love or hate the show, and it became the most tweeted-about Netflix show during its first week of streaming. The show is mature, displaying graphic depictions of self-harm, sexual assault, drinking, violence, and drugs—setting itself far apart from the mostly light-hearted TV shows and movies targeted at teens. *13 Reasons Why* is honest and heart-wrenching and important for many reasons, but it's definitely not perfect. We won't say we love or hate the show, that it's perfect or unredeemable, but it's worth a watch. The suspense and tension is perfectly executed, ensuring that no matter how painful the show gets, you have to keep pressing play. And it tackles high school unflinchingly; although it occasionally misses the mark on slang and banter, sometimes it gets it so, so right. It has flaws, but the discussion that has sprung from it is certainly worth engaging in.

The show centers around Hannah Baker, and is set in the wake of her suicide. She has left behind thirteen tapes, one for each person that she feels are one of the reasons why she killed herself. She sends them off before she dies, making sure that each of her "reasons" has to listen to how they ruined her life. She sends these tapes in the hopes that the tremendous guilt of thinking that they are the reason she killed herself will even the scales of justice a little bit. Thus her death is her revenge. This notion is deeply flawed, and incredibly dangerous. The narrative of the story makes Hannah a martyr, glorifying her suicide as a righteous act of justice and revenge, and the only way to send a message and fix her problems. For viewers out there who have been similarly wronged, and are contemplating ending their own lives, this depiction could have dire consequences. Along with

that, the show graphically depicts Hannah slitting her wrists and bleeding out, which violates the guidelines set out by the American Psychological Association on how to safely portray suicide without inspiring more deaths. Finally, this is a flawed narrative because no one killed Hannah but Hannah. So many times, the characters accuse themselves and each other of “killing Hannah Baker,” but *she killed herself*. Yes, the things that people did to her certainly made her mental illness much harder to bear, but at the end of the day, she was the one who made that decision.

With that said, the show also explores the stigmas and realities of masculinity, mental illness, bullying, sexual assault, friendship, and family in impactful, important ways. The way the show portrays rape is also very realistic in that the rape in both cases is committed by a trusted friend, a surprisingly common occurrence especially in high schools and colleges. These situations reveal the brutal healing process for survivors of sexual assault and the struggles they face afterwards with guilt, slut-shaming, self-blame, and secrecy. This truthful depiction of the crimes as well as the honest portrayal of the rapist himself is helpful in showing students that this can happen to anyone and can be done by people you wouldn't necessarily expect. The construct of masculinity is also called into question, especially over issues of sex and relationships. Different forms of bullying, harassment, complacency, and ostracization are also highlighted. The flaws of victims in addition to bullies are exposed as destructive and snowballing. The show can spark extremely valuable conversation, especially if its flaws are recognized and unpackaged. That's why we think as long as you're engaging the show and taking it with a grain of salt, it's worth a watch.

Now, if you've finished the show, keep reading. But if you haven't and plan to, there will be major plot spoilers past this point. The suspense is one of the best parts of this show and we don't want to ruin anyone's viewing experience, so

you've been warned!

In the same way that this show isn't completely good or bad, there is not one character in it who is completely "good." Hannah is the definition of an unreliable narrator, and in many ways, Clay is too, which keeps you guessing the entire time. Clay is the only one who is trying to hold the people on the tapes accountable to their actions, but also sends out the picture of Tyler that only adds to the negativity and bullying that caused Hannah to take her life in the first place (and may have been a catalyst for the violence that the show hints that Tyler is about to commit). Zach makes Hannah feel unbearably lonely, but also endears the viewer by eating the broccoli off of his little sister's plate. The main characters have done terrible things, and this sends a super important lesson. *No one* in life is good or bad. Especially in high school, when everyone is constantly learning and growing, you can't expect anyone to be a perfect person. We all do hurtful and stupid, selfish things, but the hope is that we learn from it. We're not trying to excuse any of the mistakes that the characters made in the show, but this message of giving people the benefit of the doubt is very relevant when discussing suicide.

Bryce's character is somewhat of an exception to the rule that no one in the story is all good or all bad. Bryce commits heinous, inexcusable crimes against Hannah and Jessica. Rape is among the most unforgivable acts one can do, and Bryce's response when Clay confronts him ("every girl wants to be raped") exposes his entitlement, ignorance, and general awfulness. However, the show does an excellent job of masking Bryce behind a friendly, popular facade, revealing why the girls might be hesitant to come forward and challenge someone with such high social power and proving that rapists can be anyone, even someone you know and trust.

For example, after Skye says something insensitive about Hannah's death, Clay accuses her of "not knowing what was

going on in Hannah's life." And Tony sagely responds, "You don't know what's going on in hers." No one knows how a person is suffering, and this is part of the reason why Hannah felt the need to end her life. Although some of the things that happened to her were little and seemingly insignificant, it was because she was already suffering so deeply that they hurt so badly. Treating someone poorly is never okay, but it's doubly important to be kind when knowing that there are people out there who in so much pain already that it doesn't take much to push them over the edge.

One of the other huge red flags in the show, though, was Mr. Porter. Hannah was obviously hinting that she was about to kill herself, and the fact that Mr. Porter ignored that is, again, dangerous. Counselors and psychologists are legally required to report it if a student is saying anything that suggests that they might be a danger to themselves or others. However, Mr. Porter didn't do this, as most counselors would, thus the show paints an unrealistic picture and makes people think that they can't get help from anyone. Mr. Porter's poor handling of the situation is supposedly the last straw for Hannah, and the way the story is framed makes it seem like the only next logical step for her is to take her own life. For suicidal viewers, this is an extremely harmful narrative. Counselors need to be portrayed as resources for individuals who are suffering, otherwise suicidal teens might skip a conversation that could save their life.

Though the suicidal aspect of Hannah's conversation with Mr. Porter was flawed, one aspect of it was emblematic of the ugly truth behind those who come forward about sexual assault. The way that he told Hannah to "move on" from her assault was very accurate to the way that people in our society treat rape survivors. He used somewhat belittling language, jumped to conclusions, and instead of offering personal, moral support, immediately pressured her into pressing charges or telling others about what happened. All of these things, though

seemingly helpful, were not what Hannah, or any other rape survivor needs to hear while recounting their trauma.

After watching the show, our question is this: why can't everyone involved share some guilt and responsibility for Hannah's death (including her) while not shouldering the entirety of the blame? Every character did something wrong, everyone could have helped her in some way. But all of the characters took a pretty extreme stance on the tapes; while some rejected them entirely and dismissed Hannah as a vengeful liar, others such as Clay and Alex internalized her guilt tripping extensively and to their own detriment. There ought to be a more nuanced, middle of the road level of acceptance. Most of students involved should be held accountable and should recognize their part in making Hannah's life worse, but many of them did not deserve the sheer torment of the tapes. At the end of the day, Hannah chose to take her own life. Of course, that decision was in large part due to the rape, trauma, depression, and social isolation she faced, and the individuals responsible for bullying and harming her must be held accountable, but she also was suffering from untreated depression. Hannah was abused, but she also abused others.

Matadors Flee Orinda over Spring Break

Spring break lies in a unique time of year where vacationers can either flock to tropical locations and get their pre-summer tan ready, or take in the last weeks of the ski season in the mountains. Matadors undoubtedly took advantage of this, with numerous students escaping to Everywhere from Cabo San Lucas to Tahoe.

Every spring break vacation is unique, with students doing a wide variety of activities during the one week span. For example, junior Frankie Veverka spent her week off in Tijuana, Mexico, building houses for those in need with fellow philanthropists from the Moraga Valley Presbyterian Church (MVPC). Although Veverka opted out of the normal spring break relaxation, she gained a lot from the trip. "I became really close with my team and host families and had a blast playing with kids in the village," Frankie said.

Another Matador even went international in his week off. Junior Nick Miller took a relaxing trip to the white sands of Cabo San Lucas, and basked in the warm Mexican sunlight. Miller is adjunct to the large Matador population that spent their spring break near warm, salty water and prepped their skin for the summer.

Miller and Veverka are just two examples that show the many unique vacations taken during the time of spring. One can truly get a taste of almost every season in this week off. In addition, with how stressful the third quarter is among upperclassmen, spring break provides an oasis of relief that allows students and staff alike to escape to a stress-free location, whether it be in the snow or on the beach.

Drones take Miramonte by Storm

Drones, those mini quad-copters that were a thing of sci-fi films, have now been more accessible than ever to the broad public. As a result, teenagers everywhere have been exercising the drones' ability to fly high and far, over cliffs and

oceans, to finally capture footage that would be otherwise inaccessible. A few Miramonte students have even used these little toys to further their film careers.

Henry Marken, a Junior who has made a name for himself in his numerous short films, has fueled his filming dream with shots captured by his Phantom 3 drone, and has not been disappointed: “The fact that I can now incorporate footage that is smooth, crystal clear and easy to fly is an unreal feeling,” Henry Marken said, “I can now show the importance of the setting, amazing different perspectives of the character, and emphasize powerful music scores with drone footage.” The now widely available drones have allowed young filmmakers like Marken to capture shots that seem to have come straight out of Hollywood.

However, the ability to fly these drones far and wide has caused problems for drone fliers, especially when the battery is unexpectedly low. Will Cassriel, another Junior who has made numerous montages of drone clips, experienced first hand the strategy of losing his prized drone. His Phantom 2 went down over a remote lake in Briones Regional Park after it lost its battery life. Him and his team of filmmakers tried to recover the drone, but to no avail. “Losing the Phantom was very disappointing, I could get some sick shots with that thing.”

As the world of drones expands, more and more people will have access to professional-level quality of otherwise unreachable views. These little quad-copters can finally give sustenance to the many filmmaking dreams at Miramonte.

Supreme Lookbook

Spring/Summer 2017

My mom went with the ordinary “I’m going on a diet” New Year’s resolution, a goal which requires little thought and typically is never achieved. I am a very realistic person and set very simple and achievable goals. So, when 2017 rolled around and my mom asked, “What are you going accomplish this year?” I chose two objectives. One: go to a concert because I have really been starting to immerse myself in music. Two: buy some Supreme™ clothing, vintage clothing, or streetwear clothing because the products are stylish and swaggy. I know, I know, both of these things seem childish, but it’s a start.

Two months in and I have made no progress with my goals. I have had no interest in any of the artists that have visited Northern California. Also, after the winter season, Supreme™ has not released any merchandise. However, my time has come. The premier of Supreme’s Spring/Summer 2017 lookbook has arrived and with it a lot of heat. I’m not going to review every single piece because there are too many items and some are just plain goofy. For example, why would I want to rock a long-sleeved, collared pink shirt with carpets printed all over the shirt? Let’s leave the rugs to the floor. So, I have composed a list of the top five and a half pieces in the lookbook.



I swear it has been constantly raining for the first two

months of the year. What better way to adjust than by copping one of these full and half zip jackets? If you're going for a more vintage look with duller colors the half zip is better. The duller colors are easy to pair with a lot of outfits too. Instead, if you enjoy hoodies, cop the button-up. Both are resistant to rain and prone to flames because they are some heat. The middle pouch featured in these items set them apart. The pocket makes these clothes stylish, unique and trendy. Also, when rocked, they will for sure break some necks. Everyone will be looking at you in the hallways.



One of the reasons Supreme is the most popular street brand company is because of their lack of fear to experiment and push boundaries. This long sleeve shirt is the perfect example of their audacity to express themselves. The words "f*** what you heard" express the undaunted mindset of the company. The shirt has a simplistic, yet irresistible design making it casual but fashionable.



Vincent Van Gogh's fame grew immensely posthumously. Like his paintings, this hoodie is stunning. It features a printed version of his painting "Wheatfield with Crows" on the front which offsets the piece. Once again the simplicity of the piece is what makes this hoodie clean. The tan version is by far the best colorway in the set.



At first glance, these shorts looks relatively ordinary. However, these Terry shorts are special. First off, the material of the shorts are soft as clouds and as fluffy as a well-conditioned poodle. Just looking at at them makes me want to lay in a lounge chair, bump some tunes, and sip some iced tea. These shorts are perfect for a lazy day, but the different material provides a versatile style rather than running shorts. They are a must-cop because of their singularity and comfort.



In the past, Supreme has released many miscellaneous items. Items such as a fire extinguishers, bricks, and bolt cutters sold out in seconds solely due to the hype of Supreme. The

brick in particular is worth 60-100 dollars on eBay... A BRICK! Now, these items are pointless and I do not advocate aimless spending on worthless products. That being said, a money gun is a necessity. In the past I haven't been able to flex my doe properly. This money gun is essential for maximizing money stuntin'. It shows you still got bank to spend. Rather than promoting violence, it encourages hard work to earn money. I hope I have a shot at copping this money gun. The price is unknown, but it doesn't make a difference. I will dish out a load of cash from this gem.

Cop or Drop? Edition 2

December is right around the corner. This year has been unforgettable in terms of style, fashion and sneakers. Yeezy and Adidas popularity skyrocketed, Jordan is about to release more of their coveted sneakers, and smaller brands are doing more collaborations. As the year comes to a close, brands such as Supreme, Nike, Adidas and more, make a push to release desirable pieces.





Credit: Adidas

What's Releasing: Bape × Adidas Collab

Cop or Drop: Cop

Items: NMD shoes (\$150), Zip-up Jacket (\$280), Sweater (NA)

The NMD model is straight flames and this shoe does not disappoint. The camouflage print makes the shoe really pop. However, I am not a huge fan of the black version as it is too simple and looks similar to many other NMD colorways. If you are into runners, this is a must cop. The boost technology used in the sole of the shoe is ridiculously soft and comfortable. These shoes will release with clothing as well: one zip-up jacket and a sweater. Both items match the camouflage shoes. The sweater and jacket are unique and attractive pieces. If you can only buy one on release day, then cop the camo shoes, not the black ones. However, the clothing is expensive, so price point is definitely something to keep in mind when deciding to cop.





Credit: Jordan

What's Releasing: Space Jam Collection

Cop or Drop: Cop

Items: Space Jam pack, Jordan 9s, Clothing collection

This year marks the 20th anniversary of the renowned movie *Space Jam*, that released in the month of December in 1996. In the game versus the notorious Monstars Jordan debuted the Space Jam Jordan 11s, the most iconic sneakers ever. The 11s are the most legendary pair of shoes in the Jordan line and the Space Jams are a great colorway. The subtle details like the backwards Jumpman and the 45 on the back make the shoe unique and eye catching. The 11s are a cop for sure. The Playoff Jordan 9s also release, which Jordan wore in the Playoffs and in the scene where the Looney Tunes have their first practice in the gym together with Jordan. This sneaker is executed nicely and is a cop if you are a fan of Jordans or the movie. Lastly, there is one piece of clothing that is fashionable, which is the Toons Squad Jordan jersey. The jersey is stylish and a perfect piece of clothing to show off the guns you've been working on all fall in the weight room.



Credit: Supreme

What's Releasing: Supreme Box Logo Sweatshirts

Cop or Drop: Cop

Items: Different colorways of the sweatshirt

Call me a Hypebeast (someone who only likes things because they are popular), but these bogo (box-logo) sweatshirts are heat. Supreme is easily one of the most popular streetwear brands and possibly the most influential. The bogo design is their most sought after pieces and understandably so. As the weather gets, as Lil Yachty would say, "Cold like Minnesota", the sweatshirt is the perfect option and these jackets go with everything. Supreme sweatshirts are swagalicious and these sweatshirts in particular are no exception. The eight jackets are saucy, making them a must cop.

Performers for Progress

Months of careful planning, grueling rehearsals, and long practices reached a crescendo as students stepped out of the woodwork, and into the spotlight. Sharing their many talents in Miramonte's bi-annual Cabaret Night—Performers for Progress—our multi-faceted student body put on a stunning show.

Produced by juniors William Shain and Bayla Jaffe, a raucous full-house was treated to 18 different acts, ranging from piano and didgeridoo performances to songs and skits. "This fall, there being only one show night, our goal was to fill up the theater to the max, and we did." Jaffe said. "I have received incredible feedback on how people thought the show went and everyone seems to love this show particularly because of the diversity of the acts. No one act was like another."

Benefiting Endangered Species International (ESI), the show raised over 4,500 dollars. ESI is an organization committed to reversal of human-induced species extinction, and preserving wild places. "We chose ESI as the charity for the fall show because they do very important work regarding saving and protecting endangered species and habitats. That kind of work is under-appreciated and we forget how important it truly is," said Jaffe, who has attended the performances since the age of 10.

All in all, audience members were pleased with the performance. Masters of Ceremonies Jordan Hardwick, Kate Nerone, and Leah Woodcox added a comedic flair that kept the audience in stitches. Talents were one-of-a-kind. "I loved

Performers for Progress because of all the interesting and creative acts,” junior Olivia Bohuslav said upon leaving the theater on closing night.

One major highlight of the show included the men’s choir performance of Loch Lomond—a Scottish folk song. Showcasing some of Miramonte’s most talented vocalists,

the group consisted of seniors Michael Britten, Ben Hodder and Ben Stillman, junior Ryan Ford, and sophomores Daniel Pliskin, Robert Rieser, and David Schneidinger.

Another audience favorite came to life in a rendition of ‘Gold on the Ceiling,’ performed by An Accident Waiting to Happen. Juniors Olivia Zalevsky, Nathan Sharafian, Andrew Monteith, Carter Blanchard and senior Jeremy O’Neill put together an arrangement eliciting cheers from the crowd. Performers flooded the stage, backing the young band as they played the last song of the night.

And so, the tradition of Performers for Progress at Miramonte continues to stand, binding together a collection talented performers in one showcase.

Performers for Progress encourages students to attend next spring’s performances, as they hope to expand on their success.



Abby Rose

The Miramonte Boy's Choir sings a rendition of Loch-Lomond.

Cop or Drop?



Shoe: Nike Dunk Low "Orange Box" (\$100).

Cop or Drop: Cop

This iconic, Nike SB (Skateboard), silhouette* takes design ideas from the famed orange box in which almost all Nike shoes are sold. This concept is intriguing and the shoe has minute

details such as the box's outline under the swoosh. The combination of this historic sneaker, creative design, cheap price, and color scheming make this shoe appealing and thus, a cop. This shoe hit the shelves on October 6th.



Shoe: Adidas Yeezy Boost 750 "Chocolate" (\$350).

Cop or Drop: Cop

Ever since Kanye West joined the Adidas family, the brand's stock has skyrocketed. The Kanye shoes are the most hyped sneakers currently available. This shoe in particular is more of a high-end sneaker. Even though they may not be super appealing, these are a cop, due simply to Kanye's name and their popularity. This shoe debuts October 15th.



Shoe: Nike Air Foamposite One "Night Maroon"(\$230).

Cop or Drop: Drop

These shoes are known for their durability because of their tough and stiff materials. However, the Foamposite (Foam) is

becoming oversaturated in the market. As there are too many colorways* being sold too often. Every time Nike comes out with a Foam now, the shoe just has a different monotone colorway. The only Foams worth the outrageous price are exclusive ones or ones with a unique colorway. Since this particular shoe is unoriginal, plain, and their price, this is a drop . Especially on the West Coast where Foams aren't necessary because of the weather. This shoe is being launched October 20th.



Shoe: Adidas SeeULater OG (price unknown).

Cop or Drop: Drop

I don't need the name, price, or the release date of these sneakers...B0IIIII. These look like they came straight out of a hiking trail garbage can. These are the "Ugly Hiking 3s." Please, unless you plan to scale Half Dome sometime soon, do not cop! If you wear these, people around will be saying its name, "See you Later!"



Shoe: Adidas NMD R1 “Duck Camo”(\$150).

Cop or Drop: Cop

The Adidas Nomad, more commonly known as the NMD, made a splash in the sneaker culture last year. This relatively new model called the R1 has a new triangular cage along with the original lego-shaped pieces on the midsole. This easy to rock colorway is a cop because of versatility and individuality. No shoe has looked the same as this one. This shoe hits stores and websites October 25th.



Shoe: Nike Air Presto “Greedy”.

Cop or Drop: Cop

Let me start by saying WOW! This silhouette’s popularity hit its acme in the ‘90s and recently made its return this summer. These shoes are comfortable and stylish, making them an easy shoe to rock on a daily basis. However, these shoes should be worn for special occasions because the colors stand out for this particular Presto. This is a must cop for all sneakerheads and when rocked will crack necks. This shoe comes out October 29th.

What's the Deal with Breakfast?

Supermarkets are filled with endless options of different types of food. In modern years the purpose of food has been warped from being nutritious to tasty. Nonetheless, what a person eats in a day still affects every aspect of their life. There are so many different projected ideas on how to be "healthy" that it can be confusing.

In August of 2016, Miramonte Boosters funded nutritionist Anna Foletta to give a mandatory presentation to all students that play a fall sport on sports nutrition. Her presentation gave student athletes an overview of the three different macronutrients, (carbohydrates, proteins, and fats) and when they should be eaten. The main focus of her presentation was to advocate the importance of eating something in order to perform well physically. As one could imagine, nutrition is not only important for athletes. What a student eats before and during their school day has a huge effect on their ability to focus in class and perform on tests.

A study done in 2010 showed that 32% of school-age children skip breakfast. The number one reason: lack of time. With school beginning at 8:00 AM, time is often tight in the mornings. It is easy for students to trade breakfast for a few extra minutes of sleep. The age old saying that "breakfast is the most important meal of the day" seems to have lost its conviction.

This statement originates from a campaign for breakfast that began in the early 20th century as an advertising strategy to sell more breakfast related products. Since then, there has been a grand debate on the truth behind this statement. Is breakfast really important? School nutritionist Anna Foletta says yes, "A nutrient-dense breakfast can be a great way to

start your day off right – and hopefully carry that pattern out throughout the rest of your day.”

Foletta’s motto is “Food is fuel. Fuel your body right and it can take you places.” Breakfast is a student’s one chance to “fuel up” before school. It is breaking the night long fast, and getting one started for the rest of the day. Skipping breakfast can lead to the inability to focus and pay attention in class.

“Because it’s been somewhere around eight hours since your last meal you want to ensure you’re getting some protein and fat as part of your breakfast. Traditional breakfasts [such as, bagels, muffins, pancakes, cereal] are mostly composed of carbohydrates which will spike your blood sugar – the opposite effect you want to have after a fast,” Foletta said. Eating something rich in protein and fat is more sustainable, and will likely keep students feeling “full” until lunch.

Not a breakfast person? Foletta understands that not everyone is hungry in the morning, and doesn’t like the idea of forcing people to eat. “If you aren’t a breakfast person, it’s not as if you can’t salvage the rest of your day nutrient wise,” she said. However, if students are skipping breakfast a result of a time crunch, she recommends doing some meal prep the night before, so that breakfast can be grabbed on the way out the door.

Below is one of Foletta recipes. It includes all the essential nutrients that should be in a balanced breakfast, and it can be made the night before!

[egg-mcmuffins-goldenarchfree-1](#)

Disclosure Takes SF

San Francisco was proud to host the British electronica duo Disclosure in their invigorating performance over the weekend of May 20 at the Bill Graham Civic Auditorium. The two brothers brought their best performance to the Bay, opening the show with Honey Dijon and featuring artists Lion Babe and Brendan Reilly.

The opening performance, while at first seeming to be exciting, was probably the biggest let-down ever witnessed by an audience at Bill Graham. Honey Dijon looked like she was having the time of her life in front of the crowd, dancing by herself more than anyone else was. Unfortunately, her energy didn't quite catch and it turned out that most of the crowd was just waiting for her hour-long set to end. *insert supporting quote*

In the half-hour break between the opening act and Disclosure, the sea of millennials amused themselves by batting around LED lit balloons, accidentally stepping on each other, or, not so accidentally, breaking out in fights. This in itself was great entertainment, as there was no space between the packed-in bodies to swing fists, the two aggressors resorted to head-butting each other in the middle of the floor. The only fight that I witnessed was very brief and was quickly drowned out amongst the roaring shouts of "WORLDSTAR!"

Finally, the lights dimmed once again, and the two brothers appeared behind their mix booths in a most god-like fashion. The crowd vibed to the beat of Disclosure's most popular songs "When a Fire Starts to Burn", "Holding On", and "Omen", among many others. At this point, neo soul artist Lion Babe took the stage, living up to her stage name by swinging her gorgeous, voluminous mane. Guest artist Brendan Reilly was brought out at the very end. Disclosure played their most popular song "Latch" for the encore. The entirety of the performance was

accompanied by a mesmerizing light show. Although I personally loved the show, my favorite part was definitely watching the intoxicated moms dancing wildly up on the balcony.



Outside Lands Returns This August

Imagine this: you're in Golden Gate Park, surrounded by your best buds. Your heart pulses as Major Lazer appears on the stage. "Get Free" plays and the energy of the park is uplifted and you realize that every penny of the \$500 you paid to be there was worth it. But the fun doesn't end as Major Lazer closes. Chance the Rapper is about to come on stage followed by Miguel and Lana Del Rey. Yesterday you saw Zedd and Years & Years. Friday you and your friends got down to Miike Snow's "Genghis Khan" and J. Cole's latest hits. Sound enticing?

This year's Outside Lands festival will be from August 5-7. Located in Golden Gate Park, the festival features trending electronic, hip-hop, indie rock, and alternative artists and draws crowds of over 200,000. With its first edition in 2008, the festival's popularity has skyrocketed over the past few

year. Several Miramonte students plan to attend this year's festival.

Last year, the festival included Milky Chance, Mumford and Sons, Kendrick Lamar, Odesza, Elton John and more. Released the first week of April, this year's lineup features a wide variety of some of the most well known artists of 2016 and before. Friday will feature LCD Soundsystem, J. Cole, Miike Snow, Wet, Thomas Jack, to name a few. Saturday's schedule consists of Zedd, Air, Radiohead, Years & Years The Wombats, Vince Staples and more. On Sunday, Major Lazer, Lana Del Rey, Kehlani, Miguel, Chance the Rapper, Oh Wonder, Snakehips and others will be featured.

"The music gets better each year. The hefty price is definitely worth it," junior Olivia Fishlow said, who has attended the festival for the past two years. This year she plans to attend all three days. The festival offers single-day tickets, three-day passes, and VIP packages. Three-day tickets sold out within minutes, but websites such as Vivid Seats and Craigslist are offering them for a hefty price of around \$500. One-day tickets are available for around \$300 and three-day and single-day VIP tickets cost \$1,000 and \$400, respectively.

"I'm most excited to see Major Lazer on Sunday," said junior Taylor Geary who plans to attend all three days.

Beyond its stacked lineup, the festival is known for its wide variety of local mouthwatering food trucks and restaurants, offering some of the Bay Area's best culinary wonders. On-site food-inspired "lands" like Chocoland and Cheeseland are just a few of the wide range of savory offerings.

"The best cookie and milk combo I've ever had was at Outside Lands. The food is by far one of the best parts of the festival," said Fishlow. "But I would definitely say that the best part of the festival is the overall energy of the venue." With an unmatched energy, the Outside Lands experience offers

a one of a kind way to experience music, food, and San Francisco scenery.